

KAV League Rules & Regulations

I. Game Times/Regulations

- A. Games will be held on 50 or 55 minute intervals starting after 6:05.
 - 1. Different for each league (refer to schedule)
- B. The referees will begin the matches *promptly* at the start time. Please arrive early to warm up so we can stay on schedule!
- C. Each match will be 3 sets: 25 points, 25 points, 21 points (except 4's - see below)
- D. Each team will be allowed one (1) 30-second timeout per set.
- E. Playoffs
 - 1. All teams will make playoffs.
 - 2. Playoffs will be single or double elimination format, depending on the # of teams.

II. Legal Players

- A. Number of players on the court (CoEd 6's)
 - 1. If you have 2+ women, you may have up to 4 men.
 - 2. If you have 1 woman, you may have up to 3 men.
 - 3. If you have 0 women, you may play with 2 men.
 - 4. There is no limit on the amount of women allowed.
- B. Number of players on the court (CoEd 4's)
 - 1. If you have 1+ women, you may have up to 3 men.
 - 2. If you have 0 women, you may play with 2 men.
- C. Regular season players
 - 1. There is no restriction on legal players during the regular season.
- D. Playoffs
 - 1. In order to be eligible for playoffs, each player must have played *at least* 3 times during the regular season.
 - 2. Players are only permitted to play on one (1) team per night for playoffs.

III. Referees

- A. Each team will pay the referee \$10/match.
- B. KAV Officials are trained to understand and apply the rules set forth on these pages.
 - 1. All calls made by the referees are final. Mistreatment of referees will not be tolerated.

IV. Important Rules/Reminders (See below for more explicit rules)

- A. CoEd Intermediate & Recreational 6's
 - 1. The ball must rebound from the player; it cannot be caught/thrown.
 - 2. Players may contact the ball with any part of their body.
 - 3. ANY contact with the net is illegal.
- B. CoEd Intermediate & Power 4's
 - 1. INDOOR RULES ARE FOLLOWED, with the following exceptions:
 - a) Every player is front row, and you can play anywhere on the court (you still must serve in order).
 - b) When attacking, you can not redirect the ball with your fingertips (no tipping)
 - c) In the power & upper int divisions, serves cannot be taken with your fingertips (can't set the serve)**
 - 2. Indoor rules that ARE followed:
 - a) You can take the first ball with your hands, including the serve (**except power/upper int divisions**) and balls that are not "hard-driven."
 - b) You can set the ball over the net, but your shoulders need to be "square" to the net.

(Right from AVP RULE BOOK: 18.2) A fault will happen if a player completes an attack-hit using an overhand pass, which has a trajectory not perpendicular to the line of the shoulders (forward or backward), except when setting his or her teammate.

3. Hand setting must be “reasonably clean.” Excessive rotation/holding of the ball should be called a double contact or a lift.
 4. **Remember: There are no referees on Wednesdays so honor calls are expected.**
 5. All league matches will be 3 sets to 21 points (cap at 23) Playoffs Best 2/3 21, 21, (15)
- C. Any rule that is not explicitly stated here will be judged at the discretion of the referees *then* the league administrators.

V. Forfeiture of Matches

- A. The captain is responsible for fielding a legal team for each scheduled week. If a team cannot be fielded for each scheduled week, it is considered a forfeit.
- B. Forfeiting team is responsible for [\\$20 referee fee the following week](#).
- C. **Wednesday night forfeiture**: \$20 administration fee due to @KAVvball

VI. Reseeding Week Procedure

- A. Teams are reseeded to provide competitive matches for the whole league
- B. After the first four (4) weeks, teams may be moved into a different division based on the following factors:
 1. Standings from first four weeks AND strength of schedule
 2. Team preference
 3. Administrator discretion

VII. Suggested Divisions and Expected Calls (See above for additional 4's rules)

A. CoEd Recreational

1. Definition

- a) Typical* playing experience: 0-3 years.
- b) Typical* hits per side: 1 or 2.
- c) Spiking is *very rare*.
 - (1) Excessive “Power-level” spiking is not allowed.
- d) Underhand serves are common.

2. Referees Calls

- a) Ball in or out
- b) Net violations
- c) Center line violations (if there is interference with other team - SAFETY IS TOP PRIORITY)
- d) Lifting the ball with an open hand
- e) Service foot faults
- f) **Excessive** powerful spiking (referee/administrator discretion)

B. CoEd Lower Intermediate

1. Definition

- a) Typical* playing experience: 3-8 years.
- b) Typical* hits per side: 2-3 (mostly 3 hits per side)
- c) Lower-level spiking is common, powerful attacks are rare.
- d) Overhand serves are common

2. Referees Calls

- a) Ball in or out
- b) Net violations
- c) Center line violations (if there is interference with other team - SAFETY IS TOP PRIORITY)
- d) Lifting the ball with an open hand
- e) Service foot faults
- f) Blatant double contacts (ball goes in a direction other than intended with excessive spin)

C. CoEd Upper Intermediate

1. Definition

- a) Typical* playing experience: 8+ years.
- b) Typical* hits per side: 3
- c) Powerful attacks are common
- d) Underhand serves are extremely rare

2. Referees Calls

- a) Ball in or out
- b) Net violations

- c) Center line violations (if there is interference with other team - SAFETY IS TOP PRIORITY)
- d) Lifting the ball with an open hand
- e) Service foot faults
- f) **Excessive** lifting of ball when setting ("outdoor setting" is permitted)
- g) Double contacts (Similar to high school volleyball officiating)

* "Typical" is a relative term that is NOT always completely accurate! *